

## PASCR users code of conduct.

**Nick Toussaint** in his web site ([Welcome to Nick Toussaint websites Index](#)), proposes **10 rules for RB80 diving**:

1. Get proper rebreather training. Don't just get the C-card! Get someone that actually dives extensively the unit in YOUR conditions. Also dive within your training limitations. A Rebreather nitrox course is not intended to cover Rebreather trimix diving.
2. Learn to decompress in OC first, as if Rebreather breaks down you are back to OC or death.
3. One key is staying warm, one of the reasons to use the Rebreather and it goes as far as electric heating and/or habitats.
4. Standardize mixes and repeated profiles, this where experience in the unit comes handy as you don't have to start from scratch the trial and error process.
5. Dive Analysis: the key in the learning process.
6. Fitness: should be at the level of diving desired to do.
7. **50-100hrs of Rebreather time prior deco**; you don't want to learn to dive the unit at depth on deco dives, you may want to have your first failures at shallower depths and get use to the breathing and Rebreather use.
8. **Avoid diving with OC guys while using a Rebreather.**
9. **Use a scooter**, reduce effort.
10. If you get "bent" with the unit, go back to number 1.